



Phoenix Press

We Bring News From FCS Lower School



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HOW THE SCHOOL IS HELPING THE EARTH

By Sam L., Alex D. and Duncan M.

"If we keep this up, in 13 years one-third of the earth will be covered in human trash!" says Maryann Boyer, co-founder of Boyer Sudduth Environmental Consultants in Philadelphia. So we, the reporters from the *Phoenix Press*, decided to find out what Friends' Central is doing to stop that from happening....or push it back at least a couple of years.

We interviewed Teacher Tiffany, who is on the FCS Sustainability Committee. She told us that FCS is working on measuring the amount of energy we use, and on the Upper School campus they have put up solar panels on the Language Building. The committee is also looking into paper waste, and trying to increase the amount of recycling we do.



4th graders plant potatoes for next fall's Harvest Fest.

Next year, when the new Shallcross Hall is up and running, the school will be changing some of the food they'll be serving to more nutritious, and organic options. On the Lower School campus, Chef Wadiya serves organic, local, and made-from-scratch meals. "Our mini-farm at the Lower School grows all organic vegetables for the fall Harvest Fest," said Teacher Tiffany.

At the Lower School, 5th graders analyzed the amount of trash, compost, and liquid that all the classes in the school produce in **one** lunch period. Congratulations to Nursery A for having zero trash! According to our data, Nursery is setting an example for the whole school... even for the 5th graders!

Teacher Tiffany ended the interview with *five tips* to help sustain the earth:

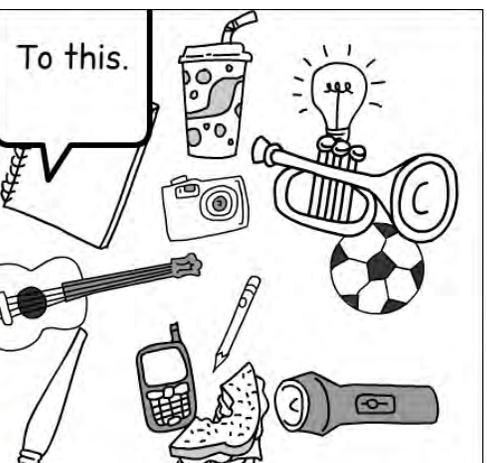
- Pack zero-waste lunches with recyclable containers.
- Print on both sides of paper instead of using two sheets and wasting one side.
- Buy organic vegetables to reduce the usage of pesticides.
- Turn off lights when you leave a room.
- Compost your vegetables.

Recycle or Else!!!

By Ben H.



In 13 years 30% of the earth will be covered in trash!



Seeds of Peace A Fifth Grade Play

By Parker H. and Ben H.



Did you see the world class 5th grade play **Seeds of Peace** on May 4th? Well, we will summarize it for you if you missed it. or you can watch it here: <https://vimeo.com/268025735>

There were three stories that we acted out: *The Three Questions* by Jon Muth, *The Sandwich Swap* by Queen Rania of Jordan, and *Mama Miti: Wangari Maathai and the Trees of Kenya* by Donna Jo Napoli.



The Three Questions, (When is the best time to do things? Who is the most important one? and What is the right thing to do?) were answered by a wise old turtle named Leo. *The Sandwich Swap* was about two girls who were helped by a principal to solve their differences by trying new things. *Mama Miti* was a true story about how one Kenyan woman changed the world with seeds to help people plant trees.

The only reason we could do this play is because of our wonderful director, Teacher Peggy, who has directed several 5th grade Quaker-themed plays, and our phenomenal assistant director, our classmate, Sasha M.

In honor of Poem in Your Pocket Day

Meat Balls

by Charlie K.

Delicious
With Sauce
Hot but good,
Sally Meatballs
Looking at
You.

Don't be
Scared,
All she wants
Is meatballs
From you.
If you don't
Give she won't

Let you
Get...
Meatballs!
She's the helper
Of Meaty,
The God of
Meatballs.
If you are poor
She will give you
Free
Meatballs.
But make sure
You like them, or else...

Superhero Jumble

By Theo D.

hafsl
gboycr
klpbacnrtahe
mspadniren
ngithnwg
nimaorn
dstoaocrnegrt
lhku
roamga
drewonmonwa

Answer Key: 1. Flash 2. Cyborg 3. Black Panther 4. Spiderman 5. Nightwing 6. Ironman 7. Doctor Strange 8. Hulk 9. Gamora 10. Wonder woman

A letter to Mrs. Ziffer: A Terrific Editor-In Chief

Alas, Mrs. Ziffer you will soon retire from Friends' Central. We are your last newspaper club. We want to thank you for all you have done to make the *Phoenix Press* a great reflection of what goes on in Lower School. You taught us how to write a news article. You pushed us to try our hardest and look where we are now! You made sure we got work done and didn't waste time. We are honored to have worked with you as journalists.

--Your Phoenix Press Newspaper Club

